Volunteer Placement Profile
Medical Doctor Volunteer

Arusha International Conference Centre
Arusha, Tanzania
# Table of Contents

Job Description .................................................. 3
Organization Details ............................................. 5
Placement Location Information ............................... 7
Accommodation and Meal Details ............................. 10
BaseCamp Tanzania ............................................. 11
Living With a Host Family in Tanzania .................. 13
How our Program Fees Work .................................. 15
Program Fees Tanzania .......................................... 17
Inclusions and Exclusions ..................................... 19
Program Dates ................................................... 20
Job Description

Arusha International Conference Centre Hospital, (AICC) is one of the biggest hospitals in the area and therefore, they serve a large percentage of the people in Arusha and the surrounding communities. The staff attend to the needs of about 200 people who come to the hospital each day seeking medical attention, as well as the in-patients. The hospital is understaffed and any doctors who can volunteer some of their time at this institution are most welcome and appreciated.

Any medical doctor volunteer at this hospital would be expected to help the local doctors at the centre with their routine duties be it on the wards, at the clinics or other specialized medical divisions of the hospital. The duties of any medical doctor volunteer would be similar to their responsibilities in their native country. It would also depend on their previous experience in their chosen field, their ability to adapt to the methods of care and treatment in Tanzania and the effort and time they are willing to contribute to this endeavour.

The scope of knowledge that a doctor could obtain at this placement through the sharing of knowledge and experiences with the doctors of Tanzania, is unlimited. It all depends on the doctor's initiative and enthusiasm towards his/her medical contribution at this placement.

The hospital has only 2 or 3 doctors on duty per shift. Therefore, the workload is tremendous and any doctor who can volunteer his/her services for whatever time possible would be making a great contribution to the medical care of the Tanzanian people.

Volunteer Tasks Required

Surgical Assistant

A medical doctor volunteer may be asked to assist in the operating rooms of the hospital during major or minor surgical procedures. The extent of the assistance would usually depend on the previous experience of the doctor.
Diagnostic Procedures

A medical doctor volunteer may be asked to contribute his knowledge in diagnosing conditions of patients. They would receive assistance from other medical staff if there was a language barrier or if the patients were showing signs and systems of diseases usually only relevant in Tanzania or adjacent countries.

Clinics

A medical doctor volunteer may be asked to contribute his services at any of the numerous clinics conducted at the hospital. These services may include informative sessions for the Tanzanian people where a medical doctor’s presents would mean the difference between people attending or not.

Routine Duties

A medical doctor volunteer would be expected to perform some of the routine medical duties at the hospital such as daily rounds of the wards and the treatment of said patients on these wards, as well as any necessary documentation this involved. The doctor would be assisted by staff if there were any language difficulties.
Organization Details

Arusha International Conference Center, (AICC), is a multifaceted organization that is a major contributor to the Arusha Community. AICC is a major conferencing center that aims to promote and provide a place where members of the East African Community, (EAC), can meet and discuss national and international tourism initiatives to help promote social-economic development. The conference center has 10 breakout rooms and a massive auditorium where over 1000 delegates can meet. As AICC has developed they have included a number of services beyond the conference center. These services include: office space to rent (with major tenants like United Nations International Criminal Tribunal For Rwanda, (UN-ICTR), 654 residential housing units that can be rented by people who need long term housing in Arusha and the AICC hospital.

AICC was established by the government of Tanzania. When the government decided to invest in this center they wanted to make sure that the services that they provided would benefit all the people of Arusha. As the government saw the growing need to improve health care options they decided that they would build a new hospital under the AICC organization. Once they finished the hospital there was a small debate over what to call the new facilities but the Board of Directors quickly decided that AICC hospital would be an appropriate name.

AICC Hospital is one of the more modern hospitals in the Arusha area. Inside there are 32 in-patient beds for those patients that need extensive care. The hospital also has computerized laboratory diagnostic equipment that include: an x-ray and an ultrasound machine plus a dental chair. The other service that the hospital provides is a physiotherapy center that helps to rehabilitate injured patients and provide them with exercises that will help them from re-injuring themselves.

AICC Hospital is one of the only hospitals in Arusha that has 24 hour ambulance service and this has been an excellent service for many people in the Arusha community. The hospital services an array of patients from both the local community and international expats that live in the area. This facility is known throughout the community for its great effort in trying to provide quality medical care to every patient that comes to AICC Hospital.
When the Organization was Founded

AICC was established under the Public Corporation's Act in 1969 by a presidential order. This organization is completely owned and run by the government of Tanzania. AICC Hospital was founded in 1978 by the organization and initially did not have all the facilities and services that it does now. It slowly expands as grant money or personal donations are given to the hospital.

How the Organization is Funded

AICC Hospital was initially funded by the Government of Tanzania. Now that the hospital is open and they receive patients they gather some of their funding from patient fees, however, the fees alone do not cover the operational costs of the hospital. As a result they receive grants from the Government of Tanzania, as well as private donations.
Placement Location Information

Health and medical volunteers placed at AICC Hospital will be working at one of the larger hospitals in the Arusha community. The AICC Hospital is easy to recognize because it is painted in white and red colors. When you walk into the entrance of the hospital the front desk is on your left side. This is the Information Help Center and the place where patients go to register before seeing a doctor.

Outside of the hospital the area is well maintained. The grass is very nicely kept and beautiful flowers grow throughout the grounds. As a volunteer you are welcome to enjoy the hospital grounds during your lunch break as many people like to sit and eat their lunch outside. There is also a large parking lot at the hospital that is big enough for approximately 20 cars to park.

This hospital is very busy due to it's central location and affordable prices. The hospital provides clinical services, x-rays and ultrasounds and has a laboratory where people can get their blood tested for various illnesses such as malaria. In addition, there is a dental department at the hospital that is dedicated to treating gum and tooth infections plus teaching people the importance of taking care of their teeth on an on-going basis.

At ACCI Hospital there are twelve rooms for in-patients and 32 beds in total. The rest of the rooms in the hospital are for doctors and nurses to perform examinations and keep client files. On average this hospital receives about 160 out-patients a day. Patients range from newborns to elders of the community.

AICC is located on Moshi Road in Arusha. The city of Arusha has an estimated population of one million people and sits at the foot of Mount Meru.

City Description

The city of Arusha has an estimated population of around one million people and sits at the foot of Mount Meru. Mount Meru is the fifth highest peak in Africa; it is a few hundred meters shorter than Kilimanjaro which is the highest mountain in Africa and encompasses three volcanic cones; Kibo, Mawenzi, and Shira (don't worry, they're not active!)
Arusha is surrounded by some of the most beautiful landscape on the planet. With easy access to the Arusha National Park, Serengeti, Lake Manyara and Tarangire National Park there is never a shortage of things to do!

Arusha is considered to be one of the best African cities when it comes to great weather and tourism combined.

Arusha is a busy industrial and administrative centre. Some of the main manufacture products include textiles, beverages, processed foods, plastics and electronic equipment. It is well known for the African Congress Centre and the International Tribunal for the Rwandan Genocide.

**Points of Interest**

The city of Arusha was settled by German colonists in the early 1900’s. Many of the historical buildings from this period have been left behind or converted, including the German Military Base Boma which is now a Natural History Museum located in the centre of the city. The city also features the Arusha Declaration Museum which displays the history of Arusha and Tanzania in general.

There are a number of markets in Arusha, located in the centre of the city. These include the Central Market of Arusha which is the biggest market in the city, as well as the Maasai Market, (curio and craft market), which is the biggest souvenir market in Tanzania.

**Weather in the Area**

Despite its closeness to the equator, Arusha's elevation of 1400 mm on the southern slopes of Mount Meru keeps temperatures down and alleviates humidity. Cool dry air is prevalent for the majority of the year. The temperature ranges between 13 and 30 degrees Celsius with an average of around 25 degrees.

Arusha has distinct wet and dry seasons and experiences an eastern prevailing wind from the Indian Ocean, a couple of hundred miles east. Highest average rainfall occurs in March, April and May.
Transportation From BaseCamp

A volunteer who is working at the AICC Hospital will have to walk approximately 2 minutes from the BaseCamp Center. You will then reach a daladala station which is the name of the local buses in Tanzania. Take a daladala for 5 minutes and get off at AICC which is the name of the stop. From there, cross the road and you will be facing the AICC Hospital.
Accommodation and Meals

All of our volunteers begin their stay in Tanzania at our BaseCamp Center in Ngaramtoni - Arusha. Given that this placement is less than a 1 hour and 15 minute commute from BaseCamp, volunteers working here will have the option of living with us at BaseCamp or living with a host family.

The following information outlines a brief description of life at BaseCamp and also what someone can expect living with a host family in Tanzania. Once you have completed our application, you can let our staff know if you would prefer to live with a host family. Otherwise, your application will default to having you live with us at BaseCamp.

If you have any questions about the difference between life at BaseCamp or life with a host family in Tanzania you can always give us a call or send us an email. Our contact details are listed in the footer of every page of the site.
BaseCamp Tanzania is located in the Kijenge area of Arusha. The centre is located just a few minutes from the famous Clock-Tower and many amenities such as banks, internet cafes and international calling centres. You can also find some great local markets selling everything from fresh fruit and fish, to beautiful wooden carvings and amazing East African paintings! Arusha is a comfortable place to live with many of the conveniences of home, while still allowing travellers to experience the African way of life.

BaseCamp Tanzania is set up with a number of dormitory style rooms. Pillows, sheets and blankets are provided. The house has a large covered balcony on the main floor with a spectacular view! There is also a large common room on the lower level with a small resource centre containing books, magazines, movies, games and

BaseCamp Tanzania Address
Nelson Mandela Road
Kijenge Ya Chini Mt. Meru Gas Station
Ngaramtoni - Arusha, Tanzania

Contact Details
Tel: 255 719 177 084
Tel: 255 754 683 347
other African publications. Outside is a beautiful lawn and garden that overlooks the city and is an ideal setting to catch up on email, review some Swahili or just enjoy a quiet afternoon. Wireless internet access is available throughout the house, making it easy to stay in touch with friends and family back home.

The meal plan at BaseCamp is a 14 day rotating schedule of a variety of traditional dishes from around the country. This allows volunteers to try a wide range of Tanzanian dishes and to gain some knowledge of the food served and meal etiquette before living with a host family. For those who stay on in BaseCamp, the 14 day schedule allows for lots of variety.

BaseCamp Tanzania is also the training and orientation centre. Each day volunteers will spend part of the day in lectures or workshops at BaseCamp and part of the day exploring the city and learning how to get around comfortably on their own.
Living with a host family in Tanzania is a fantastic way to gain a deep understanding of and appreciation for the people and customs of the country. Each home-stay will provide a bed and three meals per day for our volunteers. The majority of host families offer private rooms with only one or two volunteers living with the family.

Living with a host family can greatly enhance your performance at your placement. For one, it will have a huge influence on the speed with which you gain familiarity with the local language. This, along with your deeper understanding of cultural practices and beliefs that you are likely to gain in this environment, can go a long way to improving or strengthening your relationships with your team mates at work. Furthermore, a significant percentage of our host families are closely affiliated with the organizations with which our volunteers work. As such, even the evening meal or hanging out around the house can become valuable time during which volunteers can share their ideas and continue their support of their host organization.

All of this being said, living with a host family is not for everyone. It is very important for volunteers to honor the house rules in their host family and to be punctual. Also,
depending on how remote your placement location, host families can be very rustic. Our staff in country can give you a better idea of what exactly you can expect from a host family in any particular community. However, in general, if these things sound like they might pose a challenge for you, we strongly suggest that you look at a placement within commuting distance from BaseCamp Tanzania.
How the Program Works

Our program structure and costing is completely flexible which lets our volunteers ensure that they only pay for exactly the degree of support that they want.

Option 1 - Free Services

Some volunteers prefer to coordinate their own accommodation, meals and other support while overseas.

Anyone is welcome to use our volunteer placement search tool to help in finding a placement that is well suited to their interests. Once someone finds a placement that they wish to work with, they are welcome to make all the rest of their arrangements on their own.

As well, our team of staff overseas are often able to offer a few helpful pointers for volunteers 'doing it on their own'. Just send us an email with your questions and we will put you in touch with our team abroad. We only ask that you keep your requests fairly general, as this type of advice is exactly how our team earn their living. :)

Option 2 - Placement Support - 250 USD

Other volunteers would like assistance in selecting and confirming their placement, but they plan to manage their own accommodation and other expenses on their own.

These volunteers have the option of choosing to only have our assistance with selecting and confirming their placement. This option also includes ongoing placement support while abroad, so a volunteer would be able to ask our team for help if things at their placement were not working out.

In providing Placement Support, our team works with each volunteer through email, telephone and either Skype or Google Hangouts, to ensure that each volunteer has a clear understanding of their placement options. Our in-country staff will put together a custom list of placement options for each volunteer that they believe are the most appropriate matches with the volunteer's background, skills and interests.
Then each volunteer can work with our team both in Canada and abroad to go through each of the options and narrow-down their selection.

**Option 3 - Full Program Support**

For most volunteers who are volunteering for less than a year, they are looking for an option that includes their accommodation, meals, airport reception, country and program orientation and placement support. This is what our Program Fees are designed for.

We are proud of how over the years we have ensured that our program fees are amongst the most reasonable of any program in the world while we continue to provide exceptional volunteer support both at home and abroad.

Our Program Fees and listings of what these do and do not include are listed below:
Program Fees Tanzania

<table>
<thead>
<tr>
<th>Registration Fee</th>
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<tbody>
<tr>
<td>1 Week</td>
<td>395</td>
</tr>
<tr>
<td>2 Weeks</td>
<td>505</td>
</tr>
<tr>
<td>3 Weeks</td>
<td>615</td>
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<tr>
<td>4 Weeks</td>
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<tr>
<td>5 Weeks</td>
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<tr>
<td>6 Weeks</td>
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<tr>
<td>7 Weeks</td>
<td>1,040</td>
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<tr>
<td>8 Weeks</td>
<td>1,145</td>
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<tr>
<td>Additional Weeks</td>
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</tbody>
</table>

All program fees are listed in US Dollars.

This placement has a placement fee!

In some cases, a placement will have to take on certain expenses in order to host a volunteer. For example, some medical internship placements take time away from paid medical staff to help with educational assistance. This has a cost that is compensated by a placement fee. In other cases, the organization may have to pay for additional equipment, energy consumption or other expense in order to put a volunteer to work.

In such cases, the organization charges a fee. This fee is paid directly to the organization in cash on the ground and IS NOT part of your Program Fees.
One of the reasons that we keep this fee separate is so that volunteers who do not pay us for accommodation, meals etc (Program Fees), will see that they will still have to make this payment directly to the organization upon their arrival.

The placement fee for this organization is: 30 USD / week
Inclusions & Exclusions

What is Included

- Pre-Departure support
- Placement consultation
- Airport reception & transfer
- 2 Day orientation
- Accommodation (BaseCamp or host family)
- Breakfast and dinner
- Emergency & placement support

What is Not Included

Before Departure

- International flight
- Travel medical insurance
- Visa costs where required
- Work permits where required

While Overseas

- Daily transportation to and from placement
- Transport to airport on departure
- Placement fees if required
# Program Dates

Our regularly scheduled program start dates are the first Friday of each month, every month of the year. We strongly recommend beginning your program on one of these dates as this will allow you to go through our orientation alongside other international volunteers.

If you would prefer, our application will also allow you to select a custom start date for your program. Keep in mind that there is an additional fee for a custom start date which ranges from 50 to 75 USD.

<table>
<thead>
<tr>
<th>Nov 01, 2019</th>
<th>Dec 06, 2019</th>
<th>Jan 03, 2020</th>
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<tbody>
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<td>Apr 03, 2020</td>
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<tr>
<td>May 01, 2020</td>
<td>Jun 05, 2020</td>
<td>Jul 03, 2020</td>
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<td>Aug 07, 2020</td>
<td>Sep 04, 2020</td>
<td>Oct 02, 2020</td>
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<tr>
<td>Nov 06, 2020</td>
<td>Dec 04, 2020</td>
<td>Jan 01, 2021</td>
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<tr>
<td>Aug 06, 2021</td>
<td>Sep 03, 2021</td>
<td>Oct 01, 2021</td>
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**PLEASE NOTE:**

These dates are the day that volunteers should plan to arrive on the ground in country. We can accommodate arrivals in-country at any time day or night on these dates.